

FREE CLASS WITH THIS FLYER
CLASS SCHEDULE

Please check in with Master Tinnon @ 303-5456 (KIKN) before attending new classes for the first time

MONDAY

4:30-5:15 pm
5:15-6:00 pm
6:30-7:15 pm
7:15-8:00 pm
7:15-8:00 pm

Riverside Wellness Center 875-7525
“ “ “
York Rec Center 890-3500
“ “ “
“ “ “

All belts
Intermediate +
* All belts
* Intermediate +
* **ICHF HAPKIDO**

TUESDAY

4:30-5:45 pm
6:00-6:45 pm
6:45-7:30 pm
7:00-7:45 pm
7:45-8:30 pm

Hampton Rec Center 825-4806
Ft. Eustis Youth Cntr 878-4448
“ “ “
Langley Community Center 764-2983
“ “ “

* All belts **IT**
All belts
Intermediate +
* All belts **IT**
* Intermediate +

WEDNESDAY

6:00-6:45 pm
6:45-7:45 pm
7:00-7:45 pm

Hampton YMCA 722-9044
“ “ “
Williamsburg Rec Center 259-3760

All belts
SPAR/DEMO TEAM
All belts

THURSDAY

4:30-5:15 pm
5:15-6:00 pm
6:00-6:45 pm
6:45-7:30 pm
6:30-7:15 pm
7:15-8:00 pm
7:15-8:00 pm
7:00-7:45 pm
7:45-8:30 pm

Riverside Wellness Center 875-7525
“ “ “
Ft. Eustis Youth Cntr 878-4448
“ “ “
York Rec Center 890-3500
“ “ “
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Langley Community Center 764-2983
“ “ “

All belts
Intermediate +
* All belts
* Intermediate +
* All belts
* Intermediate +
* **ICHF HAPKIDO**
All belts
Intermediate +

FRIDAY

4:30-5:30 pm

Hampton Rec Center 825-4806

* All belts **IT**

SATURDAY

9:30-10:15 am
10:15-11:00 am
1:30-2:50 pm
1:45-2:45 pm
4:00-4:45 pm

Hampton YMCA 722-9044
“ “ “
York Rec Center 890-3500
“ “ “
Williamsburg Rec Center 259-3760

All belts
Intermediate +
* **INST/SPAR/DEMO IT**
* **ICHF HAPKIDO**
All belts

Ongoing classes through Hampton City Schools Enrichment Program